## LAP LANE ETIQUETTE

- For your swimming convenience we have fast, medium & slow lanes available, conditional to bookings & programs. Please choose the most appropriate lane for your swimming ability.
- Keep to the left of the black centre lane.
- At the end of each lap, move to the side of the lane when resting.
- Second control when overtaking and give way to oncoming swimmers.
- Be kind & courteous to your fellow swimmers.
- Remember your water bottle & keep hydrated when swimming.
- Have a quick shower before you swim, it helps us to keep our pools in pristine condition.
- Observe any instruction given to you by the Lifeguard on duty.

